



# Recovery and Redesign with an Intentional Focus on the Whole Child

## Relationships, Social-Emotional Learning, and Consistent and Predictable Environments

### Self-Paced Professional Development Course

This self-paced course offers practical suggestions for relaunching school this fall, regardless of the learning model (in-person, hybrid, or distance) Some students will transition well back to school, some will struggle a little, and some are likely to demonstrate significant needs for support.

This course will help educators feel prepared to intentionally address the social-emotional needs of all students (and themselves) throughout the 2021-22 school year.

#### Course Objectives:

- Understand the key ingredients necessary to a whole-child approach to recovery and redesign
- Apply a lens of equity when planning for recovery and redesign, in part through examining data using a self-reflective problem solving model
- Increase skills in supporting the social-emotional wellbeing of staff, students, and families
- Gain skills in building and re-establishing healthy social connections with students and the school community
- Learn about creating consistent and predictable environments that promote student engagement
- Plan for sustained action to acknowledge and address issues of racism in school systems

**Details:** Modules are 20-60 minutes, totaling 4 hours. CEUs are available.

**Who should register?** Teachers, administrators, and other education professionals

**Cost:** CAREI Assembly Member Individual, School, or District | Free  
Non-member Individual | \$100 per person for full course  
Non-member School or District | \$500 per building for full course

**Register at:** [z.umn.edu/careiPD](https://z.umn.edu/careiPD)

**For questions:** Contact Ellina Xiong at [ellina@umn.edu](mailto:ellina@umn.edu).

#### Scope and Sequence

**Module 1:** Key Ingredients for Recovery & Redesign

**Module 2:** Educator Stress, Coping, & Resilience

**Module 3:** Cultivating Healthy Social Connections

**Module 4:** Establishing & Teaching Shared Expectations & Routines

**Module 5:** Teaching & Learning to Promote Student Emotional Wellbeing & Competencies

**Module 6:** Reflective Practices & Data-based Decision Making to Promote Equity

**Module 7:** Sustained Action to Acknowledge & Address Issues of Racism